

YOUR NAME

Rx = Prescription Drugs

[Blank white box for name]

A Recipe for Safe Prescription Drug Use

empowerRx



1. Never use prescription drugs not prescribed to you.
2. Use only in the way your doctor instructed, and don't mix with alcohol or other substances.
3. Never use prescription drugs obtained from illegitimate sources.
4. Store in a safe place out of reach from children, teens, and pets.
5. Dispose of expired or unused drugs at a safe disposal location.

SAFE USE

Dispose of drugs properly: Protect our environment and community.



SAFE DISPOSAL

QUESTIONS TO ASK YOUR DOCTOR

1. Why do I need this medication?
2. What are the risks of this drug vs. the benefits?
3. If it is an opioid, are there non-opioid options or lifestyle changes that could work just as well to relieve pain? Can I have a Rx for naloxone?
4. How long should I take this medication?
5. Will this drug interfere with other medications I'm taking?

HELP PREVENT RX MISUSE

Every year in LA County, prescription drug misuse is responsible for:

- 400** deaths
- 14,500** hospitalizations
- 2,500** addiction treatment admissions
- 9,000** emergency room visits

Common Prescription Drugs & Signs of Abuse

- **Opioids and Pain Relievers:** Oxycodone, Vicodin, Slow reflexes, trouble breathing
- **Depressants:** Ambien, Librium, Xanax, Tiredness, confusion, trouble remembering
- **Stimulants:** Adderall, Concerta, Ritalin, Trouble sleeping, irregular heartbeat, anxiety

Los Angeles County Dept. of Public Health (philaacounty.gov/sapr) Safe Med LA (www.safemedla.org)



Creating a healthier San Gabriel Valley by reducing Alcohol and other Drug use through education and prevention policy.

RAD COALITION MEMBERS

Day One
www.goDAYONE.org

Pacific Clinics
www.pacificclinics.org

JFS
www.jfsla.org

PPHD
www.ci.pasadena.ca.us/publichealth

LACOE
www.lacoe.edu

Prototypes
www.prototypes.org

NCADD
www.ncadd.org

SAFE DROP-OFF LOCATIONS San Gabriel Valley

- Altadena Station**
780 East Altadena Dr.
Altadena, CA 91001
- Walnut/Diamond Bar Station**
East Valley Blvd.
Walnut, CA 91789
- City of Industry Station**
150 North Hudson Ave.
Industry, CA 91744
- S.A.F.E. CENTER (Los Angeles/ Glendale Water Reclamation Plant)**
4600 Colorado Blvd.
Los Angeles, CA 90039
Sat/Sun: 9am-3pm
- Pomona Police Department**
490 W. Mission Blvd.
Pomona, CA 91766
- Walgreens Disposal Kiosk**
934 N Hacienda Blvd.
La Puente, CA 91744
Open 24/7
- San Dimas Station**
270 South Walnut Ave.
San Dimas, CA 91773
- Western University Pharmacy**
795 E. Second St (Ste 1)
Pomona, CA 91766
- Temple City Station**
8838 East Las Tunas Dr.
Temple City, CA 91780

www.deadiversion.usdoj.gov/drug_disposal



